



"Shooting for Brighter Futures"

**December 27th to 30th 2016, Wilmington, Delaware
Team Profile**

Head Coach's Name: Joe Whalen

School Name: St. Rose High School

Nickname: Purple Roses

City: Belmar

State: NJ - New Jersey

Team Record: 25-5

About Us:

SAINT ROSE GIRLS BASKETBALL TEAM PROFILE

2016-2017 St. Rose Girls Basketball Highlights:

Final record 25 wins 5 losses

Non- Public B State Runner Up

Shore Conference Semi Finalist

End of Season Ranked # 7 in New Jersey (Newark Star



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Ledger)

Ranked # 10 in Tri State (MSG Varsity)

We here at St. Rose are truly excited about the upcoming 2016-2017 basketball season. This season we will have such good upperclassmen to lead the younger players. Upper class leadership with such a young group is a tremendous advantage. The voice starts with the coaches. Then the players' coach themselves because they know what is required. The coaches stress every single day the same message of pure team basketball... aggressive team basketball, and then it carries over because the players monitor each other. That supports the system being taught. To play at St. Rose, there is no choice. If you want to play, you're going to do it our way. This is what we believe it takes to win. The team had a very successful summer competing as the "Purple Roses". Winning our bracket at the Nike Tournament of Champions in



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Chicago (Ill.), the championship at Blue Chip Invitational in Lancaster (Pa.), and the prestigious Best of Maryland Tournament.

(Sr.) Ellyn Stoll (Captain): We didn't realize the "ripple effect" Ellyn gave us when she came to St. Rose. Her hard work, perseverance, and leadership became the ideal every player wanted to achieve. Ellyn can score in a number of different ways and her decision making is remarkable. Ellyn started all 30 games last year contributing a total of 325 points for an average of 10.8 ppg. Ellyn made 57 threes and dished out 150 assists. Ellyn was named to the All Division Second Team. Ellyn has accepted a full scholarship to continue her playing career at NJIT.

(Sr.) Jen Louro (Captain): We feel that the definition of leadership is the ability to make those around you better and more productive. Jen is a perfect example of this. Last year Jen was asked to guard the other team's best player night in and night out. Jen started



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all 30 games while scoring 306 points for an average of 10.2 ppg., made 31 threes, grabbed 239 rebounds, and averaged 4 assists. Jen made the All-Division First Team and All Shore Defensive Team. Next year Jen will attend U Mass Lowell on a full basketball scholarship.

(Sr) Alex Pendergrass: Alex is an excellent rim runner with tremendous athleticism. Alex is a tremendous talent who can rebound, block shots, and defend. Alex's greatest contribution to the team is her toughness and fearless play. Alex is explosive and competes on every play. Last season Alex started the first 12 games and gave us quality minutes while raising the energy level every day in practice. Alex played in 12 games and finished with averages of 5.6 ppg, 8 rebounds per game, and 7 "Sports Center" blocks. Alex will attend Manhattan College on a full basketball scholarship.

(Jr.) Elizabeth "Lovin" Marsicano (Captain): We call



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Lovin our "Swiss Army Knife" in that she can play and defend all 5 positions. Lovin will make us difficult to play against because she can play inside and out plus she can defend multiple positions. Lovin played and started in 25 game last year while averaging 9 points per game, made 24 threes, and grabbed 11 rebounds per game. Lovin was named First Team All Star at the Diamond State Classic. Lovin has made a verbal commitment to play college basketball at St. Joseph University in Philadelphia.

(Jr.)Mikayla Markham (Captain): Mikayla is a smart, instinctive point guard that can play at any tempo. Mikayla is extremely quick and can get into the lane and finish at the rim. Mikayla is also a tenacious on - ball defender. Last year Mikayla started 29 games and scored 400 points, 78 threes, and dished out 124 assists despite being the primary focus of the opponent's defense. Mikayla was named First Team All Star at the Diamond State Classic and Player of the Year in the B Central Division, and Second Team All



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Shore. Mikayla has made a verbal commitment to play basketball at Columbia University.

(Jr.) Lucy Thomas: Lucy is a remarkable scorer and rebounder. Lucy rebounds out of her area, runs the floor extremely well, and has remarkable post moves. The main thing Lucy brings to the table is that she is a big-time scorer who takes pride in her over all game. Lucy has added a three point shot to her repertoire, making her a difficult matchup. Lucy played in 17 games averaging a double- double with 14 ppg and 13 rpg. Lucy was named First Team All Division. Lucy has made a verbal commitment to play basketball at Monmouth University.

(Jr.) Ariana Dalia: Ariana will bring experience with her from last season playing as a sophomore on the varsity team. Ariana is a versatile player capable of playing inside or outside. Ariana's rebounding and inside game should prove to be instrumental in helping out our post players in practice and games.



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Last season Ariana played in 15 games and averaged 5 ppg and 5 rpg.

(Jr.) Samantha Mikos: Sam begins her first season at Saint Rose. Sam is a very talented player that can play multiple positions. Sam does a great job of rebounding and getting to loose balls, thereby extending our possessions. Our St. Rose family got better with the addition of Sam. Sam must sit the first 30 days as per the NJSIAA rule for transfers.

(Soph.) Lauren Lithgow: Lauren played in 20 games as a new member of the Purple Roses. Lauren averaged 8 pts. per game, 3 assists per game, and 2 steals per game. We believe that a point guard should be able to extend plays, and Lauren is a perfect example of this. Lauren is a guard that can control the game not just play the game. Comfortable at either guard position, Lauren is a tenacious on the ball defender.



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(Soph.) Maggie Stapleton: Maggie played in 3 varsity games last year. The “strong but silent” type, Maggie did a great job challenging the other players in practice. We expect big things this season from Maggie who had a very productive off season preparing for this upcoming high school season.

(Fr.) Molly Lynch: We are thrilled to welcome Molly as a new member of the Purple Roses. Molly came to St. Rose from Sea Girt Elementary School. Molly led the team in scoring both her seventh and eighth grade seasons averaging more than 14 points. Molly led her school to the MCAL championship and runner up in the Run for the Roses Tournament where she was named to the All-Tournament Team. Molly also was the recipient of the Jeffrey McKnight Sports Scholarship Award and was named to the prestigious Gthing All Star Team.

(Fr.) Alexa Prus: Another major addition to the St. Rose team, Alexa led her Cedar Drive Middle School



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team to a 14-2 record where she was named co-captain. Alexa was second on the team in both scoring and assists. Alexa is an excellent shooter, tremendous defensive player, and fierce competitor. Alexa was selected to play in the Shore Conference All Star Game.